

Regina, SK

<http://www.regina.ca/residents/index.htm>



Image courtesy of [Bruce Guenter](#)

Regina is the capital of the bustling province of Saskatchewan. It is the second-largest city in the province and home to the hugely popular Saskatchewan Roughriders football team (Canadian Football League). The city is home to a vibrant and diverse cultural community as well as a wealth of recreational opportunities. Interestingly, all the trees in the city (approximately 300,000) were planted by hand.

Weather

Regina enjoys a humid-continental climate with warm summers and cold, dry winters. It gets relatively little precipitation.

Average Yearly Precipitation

Average Days with Rainfall per Year (>0.2mm): 68.1

Average Days with Snowfall per Year (>0.2cm): 57.2

Seasonal Average Temperatures (°C)

January: -16.2° C

April: 4.5° C

July: 18.8° C

October: 4.8° C

Additional Information

For current information on weather in Regina, please visit:

<http://www.theweathernetwork.com/weather/cask0261>



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Location

The City of Regina is located in Saskatchewan's southeastern quadrant, right on the Trans-Canada Highway (#1). The closest major cities are Saskatoon and Winnipeg.



Driving Distances

Edmonton.....	782km (approx. 7 hour 42 minutes)
Saskatoon.....	257km (approx. 2 hours 34 minutes)
Calgary.....	758km (approx. 7 hours 18 minutes)
Winnipeg.....	573km (approx. 6 hours 14 minutes)

Transportation

Air

The Regina International Airport (YQR) serves flights to and from destinations across Canada and the United States. You can visit the airport's website at:

<http://www.yqr.ca/>

Ground

Regina Transit operates affordable and accessible bus routes across the city. You can view routes and schedules at their website:

<http://www.regina.ca/residents/transit-services>

The city is very accessible by car as it sits on the Trans-Canada Highway between Calgary (to the west) and Winnipeg (to the east).



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Accommodation

As of March 2013, the average price of a home in the Regina area was \$309,535 (according to the Association of Regina Realtors). For information on homes for sale in Regina, try visiting:

<http://www.royallepageregina.com/>

The average cost of renting a one-bedroom apartment in Regina's inner city is approximately \$900/month. For information on places to rent in Regina, try:

<http://regina.kijiji.ca/f-real-estate-apartments-condos-W0QQCatIdZ37>

For information about other costs of living in Regina, visit:

http://www.numbeo.com/cost-of-living/city_result.jsp?country=Canada&city=Regina

Education

The Regina Public School Board operates 45 elementary schools and 9 high schools in the city with a head count of approximately 21,000 students. Visit the school board's website here: <http://www.rbe.sk.ca/>

The publicly funded Roman Catholic Separate School Board operates 25 elementary schools and 4 high schools in the city with a head count of approximately 10,000 students. Visit the Separate School Board's website here: <http://www.rcsd.ca/>

All publicly funded schools in Regina are very well equipped. Some of them even have swimming pools, TV studios, skating rinks, and art studios.

Post-secondary education is also available in Regina. Programs are offered by the [University of Regina](#) and [Saskatchewan Institute of Applied Sciences and Technology](#).

Health Services

Public healthcare facilities in Regina are operated by the [Regina Qu'Appelle Health Region](#). To find services offered by the RQHR in Regina, visit:

<http://www.rqhealth.ca/finding/regina/index.shtml>



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Routine medical services such as dentistry and optometry are provided by private practitioners, who remit their bills to the Saskatchewan Medicare system.

Recreation

Regina has a large variety of recreational activities that you would expect from a city of its size. Year-round sports, fitness, leisure, and arts programs are available for all ages. The fine arts constituency at the University of Regina supports vibrant communities for music, theatre, and dance.

Regina is also home to Saskatchewan's favorite professional sports team: the Saskatchewan RoughRiders of the Canadian Football League. Its fan base is the strongest in the league. No matter what city the team plays in, the stands are always full of green jerseys.



Image courtesy of [waferboard on flickr](#)

Industry

Oil, natural gas, potash, minerals, and agriculture are all major players in Regina's economy. The province's economy has been on a tear in recent years, posting record levels of population, employment, and investment.



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Taxes

Income taxes and other deductions are taken from your pay cheques by your employer. These income taxes are used by the government to provide essential services such as roads, schools, and health care.

Canadian residents can benefit in many ways from programs that have been paid for through their income taxes and deductions. These programs include social assistance for people in need, employment insurance for workers who have lost their jobs and worker's compensation for workers injured on the job.

For information on Saskatchewan's taxation regime, visit:

<http://www.finance.gov.sk.ca/taxes/>



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